

THE FOUNTAIN INN

Sunday Lunch Menu



Traditional Sunday Roasts

Please see blackboards for today's roast choices.

Vegetarian Nut Roast £11.50

Yorkshire pudding and vegetarian gravy.

All served with roast potatoes and fresh seasonal vegetables.

Slow Braised Lamb Shank £16.00

with creamy mash, redcurrant gravy and fresh seasonal vegetables.

Char-grilled Steaks

9oz Prime fillet £24.00

10oz Rib Eye £18.50

Served with chips, grilled tomato, sautéed mushroom, onion rings and peppery rocket.

Add Black Pepper Sauce, Blue Stilton Sauce

or Spicy Tomato Salsa £2.75

Our Famous Fountain Burger £12.00

(For big appetites)

10oz of chargrilled prime beef served in a toasted panini with burger relish and salad, French fries and homemade coleslaw.

Burger on its own (no fries or coleslaw) £8.00

Add cheese, stilton or bacon for £0.75

Homemade Vegetarian Burger £11.00

Served in a toasted panini with tomato relish and salad, French fries and homemade coleslaw.

Vegetarian Burger on its own £7.50

(no fries or coleslaw)

Cumberland Sausages £12.50

with creamy mash, onion rings, gravy and fresh vegetables.

Homemade Pie of the Day £12.50

A good sized, individual home made pie with deep filling and short crust pastry, served with a choice of potatoes and seasonal vegetables.

Freshly Baked Macaroni Cheese £10.50

Served with chunky white or granary bread, butter and salad garnish.

Oven Baked Whole Camembert £10.50

with a toasted panini, homemade red onion chutney and salad garnish.

Whole tail Breaded Scampi £12.50

With French fries, salad garnish, homemade coleslaw and tartare sauce,

Smaller portion. £9.00

Rack of Barbeque Ribs £13.50

In a rich barbeque sauce, served with chips, salad garnish and homemade coleslaw.

Homemade Chilli Con Carne £12.50

with steamed rice and garlic bread.

Homemade Vegetarian Lasagne £12.50

with salad garnish and garlic bread or fries

Peasants Pot £13.50

Lean pork chunks in a spicy tomato casserole with grilled mozzarella. Served with chunky chips and sour cream.

Side Orders

Bowl of Chunky Fries £3.00

Bowl of Chunky Fries with Cheese £3.50

Garlic Bread £3.00

Garlic Bread with Cheese £3.50

Side Salad £2.75

Toasted Panini with Olive oil £2.00

Onion Rings £2.50

Children's Options

Sausages with mash or Fries and Baked Beans £6.00

Scampi, Fries and Peas £6.00

Chicken Nuggets with fries and Baked Beans £5.00

Small Homemade Burger with Fries £5.50

Fish fingers, chips and beans £5.00

Daily Specials, Desserts and
Hot drinks menus on blackboards

Parents please note. A public house is still an adult environment. Children must be kept seated inside and supervised in the garden at all times. Thank you for your co-operation.

THE FOUNTAIN INN



SUNDAY LUNCH MENU

Served from 12.00pm-4.00pm.

Please find a seat and place your order at the bar

We are happy to arrange menus
to suit any special party.

One, Two or three Course Meals.

Please ask for Details

www.fountain-cowden.com

Telephone 01342 850528

Service charge is not included
should you wish to show your appreciation
your gratuity will be added to our staff collection jar.

THANK YOU